MENTAL HEALTH SERVICES
ST CHARLES COUNTY

Al-Anon & Alateens
2683 So. Big Bend Blvd, Rm 17
Maplewood, MO 63143
314.645.1572
www.missouri-al-anon.org
✓ Support groups for friends, children (8-20) and other relatives of alcoholics; variety of meetings scheduled at different times throughout the community.

Alcoholics Information Exchange Information Center
341 Droste Road
St. Charles, MO 63301
636.946.1560
✓ Support given to people who suffer from alcoholism.

Alternative Behavioral Care
255 Spencer Rd., Ste 101
St Peters, MO 63376
636.477.6111
www.alternativebehavioralcare.com
✓ Child (4-12), Adolescent (12-17) and adult mental health and substance abuse services including screenings, chemical dependency treatment, therapy, intensive outpatient partial hospitalization services, case management, weekly intensive counseling, and medication management.
✓ Special suboxone program for opiate addition.

Alternative Options Counseling Service
1137 N Main St, Ste 2
O’Fallon, MO 63368
636.379.4433
www.alternativeoptionscounseling.net
✓ Complete multicultural, individual, family, and group counseling services.

Andy Anderson, M.A., LPC, KPMT
567 Madison Street
St. Charles, MO 63301
636.699.0872
www.childconductcounseling.com
✓ Parent Management Training Class
✓ Certified Clinician Kazdin Parent Management Training

Ava Counseling Service
2480 Executive Dr
Suite 120
St. Charles, MO 63303
314-486-2027
www.avacounseling.com
✓ Batterer Intervention Services designed to work with men who abusive in their relationships with their partner.
✓ Supervised Visitation Services allowing children safe and positive contact with their parents and significant relatives.
✓ Individual Counseling
✓ Anger Management Counseling

Bereaved Parents of the USA
P.O. Box 410350
St. Louis, MO 63141
www.bpusastl.org
✓ Self-help support group for bereaved parents, siblings and grandparents. Meets throughout the St. Louis area.

Birthright Counseling
St. Charles Office
205 N. Fifth St., Ste 301
St. Charles, MO 63301
636.724.1200
After Hours 1.800.550.4900
Hotline 1.800.550.4900
Wentzville Office
10 East Pitman
Wentzville, MO 63385
636.327.8170
1.888.734.6268
http://birthrightstlouis.org/
✓ Crisis counseling
✓ Information & referral for pregnant women.
✓ Program focuses on alternatives to abortion

Boys and Girls Club of St. Charles County
St. Charles
1400 Olive St.
St. Charles, MO 63301
636.946.6255
O’Fallon/St. Peters
#1 Club Way
O’Fallon, MO 63376
636.240.9150
www.bgcs-ssc.org
✓ Provides recreational and social activities, athletic programs, clubs, special interest groups, library, and counseling services for youth.
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Bridgeway Behavioral Health
Administration Office
1570 S. Main Street
St. Charles, MO 63303
636-757-2300
Inpatient: St Charles Center
       636.757.2300
Outpatient: St Charles Center
       636.757.2300
Sexual Assault: St. Charles Co.
       636.757.2300
Adolescent Services: St. Charles
       636.395.7101
Domestic Violence:
The Women's Center
       1.877.946.6854
Terry L. Robertson Center
       1.877.462.1758
http://www.bridgewaycounseling.com/

Services offered include:
 Additive Disorders
 Sexual Assault
 Domestic Violence

Children’s Home Society of Missouri
2424 Muegge Rd
St. Charles, MO 63303
636.940.1119
9445 Litzsinger Rd.
St. Louis, MO 63144
314.968.2350
Emergency 314.568.6354
www.chs.mo.org
✓ Provides 24-hr respite care for developmentally disabled
   and/or terminally ill children
✓ Provides pregnancy counseling to understand
   available options
✓ Adoption home-studies
✓ 24-hour care by professional medical staff for children with
   special medical needs. Also offers specialized unit for
   children on life support system
   and other equipment

CHADS Coalition for Mental Health
P.O. Box 510528
St. Louis, MO 63151
314.952.2046
www.chadscoalition.org
✓ Advance the knowledge and prevention of adolescent
   depression and suicide through awareness, education and research.

Community Psychological Service
North County Location
University of Missouri – St. Louis
232 Stadler Hall
St. Louis, MO 63121
West County Location
12937 Flushing Meadows
Ste. 220
St. Louis, MO 63131
314.516.5824
www.umsl.edu/cps
✓ Psychological evaluations of children, adolescents, and
   adults for academic, behavioral, and emotional
   problems
✓ Individual child and adolescent therapy, couple's counseling, and family therapy.

Comprehensive Mental Health
200 South Kingshighway
St. Charles, MO 63301
636.949.2650
http://cmhsl.com/
✓ Individual, marital, family & group therapy for adults and children experiencing
   emotional/psychiatric problems.

Consumer Credit Counseling-St Charles
Clearpoint Financial Solutions
1600 Heritage Landing, Ste 211
St. Charles, MO 63303
636.441.9107 or 1.800.966.3328
www.clearpointfinancialsolutions.org
✓ Personal Financial Management Counseling
✓ Counseling in household spending, debt repayment and delinquent mortgage.
   Educates in money and credit management and personal finance economics in schools.

Crider Health Center
Crisis Behavioral Health Hotline-
BHR 1.800.811.4760
Administrative offices
Crider Center-Wentzville
1032 Crosswinds Ctr
Wentzville, MO 63385
636.332.6000
www.cridercenter.org
✓ Crider Health Center is federally qualified health center integrating health and mental health services for the area’s most vulnerable citizens in Lincoln, Warren, St. Charles and Franklin Counties.

Family Life Counseling and Psychological Services, LLC
4142 Keaton Crossing Blvd
Ste 101
O’Fallon, MO 63368
636.300.9333
www.family-life-counseling.com
✓ Individual therapy, marriage counseling, family therapy, psychological evaluations,
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ADHA testing, pre-marital counseling, child behavior therapy, PTSD and trauma specialists, mediation, learning disability testing and anger management.

Family Support Network
110 N. Elm Ave.
St. Louis, MO 63119
314.961.5718
www.Epworth.org
✓ Offers free weekly, in-home counseling for families who have behavioral challenges with their children. Completed referrals can be faxed to 314.918.3395
✓ Families are referred by professional sources or may make self-referrals.
✓ Participation in the program is voluntary.
✓ Families receive an average of six to nine months of counseling from a Master’s level therapist at no cost to them.
✓ Weekly in-home counseling services provide parenting skill-building and support, enhanced family communication, help with difficult child behaviors, positive discipline techniques, stress and anger management skill-building, help with connecting to area resources.
(Please send contact info to: rkraby@epworth.org)

Kids in the Middle, Inc.
121 W Monroe Ave.
Kirkwood, MO 63112
314.909.9922
www.kidsinthemeiddle.org
✓ Counseling for children of divorce: Provides group, individual and family counseling for children of separated, divorced and remarried families. Also, provides training and consulting for professionals, school and community.

Lutheran Family & Children Services
8631 Delmar Blvd.
St. Louis, MO 63124
314.787.5100
1.866.326.LFCS
www.connectwithus@lfcs.org
✓ Wings: women in need of growing stronger program
✓ Foster care
✓ Adoption Services
✓ Community Services: Youth mentoring program; disaster program
✓ Counseling
✓ Advocacy
✓ Child Development Centers
Tammy Maxwell, MA, PLPC
314.643.8643
Email: XYZPlus2009@gmail.com
✓ In-Home Therapy
✓ Individual counseling
✓ Family counseling

Megan Meier Foundation
17295 Chesterfield Airport Rd Ste 200
Chesterfield, MO 63005
636.777.7823
www.meganmeierfoundation.org
✓ Provides information and presentations on bullying and cyber bullying.

NAMING – National Alliance for Mentally Ill
1750 S. Brentwood Blvd, Ste 511
St. Louis, MO 63144
314.962.4670
St Charles Office
200 S. Kingshighway, Ste 101
St. Charles, MO 63301
636.940.7440 or 1.877.724.2977
www.namistl.org
✓ Offers services to families of children with mental illness up to age 19 who reside in St. Charles County. The office provides a Help Line, staffed 24 hours a day; a monthly support group for families of children and adolescents, the NAMI basics Education Program, and educational presentations to the community.

Psychological Network, Inc.
58 Portwest Ct.
St. Charles, MO 63303
636.916.5800
www.psyinetinc.com
✓ Group, couple and individual counseling provided for a variety of issues by qualified mental health professionals.
✓ Mental health evaluations for criminal, family, civil and personal injury cases.
✓ Witness preparation and jury selection.

Narcotics Anonymous-St. Charles
P.O. Box 596
St. Charles, MO 63302
636.697.8406
www.showmeregionna.org
✓ Local meeting directories can be accessed at the website.
✓ Self-help, self-supporting program for persons desiring to stop using drugs and alcohol. Program is based on the 12-steps to Recovery of Narcotics Anonymous.

Provident
2650 Olive St.
St. Louis, MO 63103
314.533.8200
1.800.782.1008
Crisis line: 314.647.4357 or 1.800.273.8255
www.providentstl.org
✓ MEDV(Men Ending Domestic Violence): A program designed to help participants end their use of violence and abuse. The 26-week program is comprised of weekly counseling and education groups.
✓ Provides outpatient mental health services, including treatment for children, adults and families.
✓ Heritage House: Provides safe, supervised visitation of children by non-custodial parents and safe exchange between parents who share custody.

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58 Portwest Ct.
St. Charles, MO 63303
636.916.5800
www.psyinetinc.com
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✓ Mental health evaluations for criminal, family, civil and personal injury cases.
✓ Witness preparation and jury selection.
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Raven – Rape and Violence End Now
Raven- Rape And Violence End Now
3960 Lindell Blvd
Suite 110
St. Louis, MO 63108
314-289-8000
www.ravenstl.org
✓ Provides counseling and education on issues relating to men’s violence against women. Serves men who batter or abuse women and their children.

St. Charles County – Community Health & The Environment
Care Trak
www.caretrak.com
636.949.7400
GPS tracking for medically diagnosed individuals who wander.

Saint Louis Crisis Nursery
St. Charles – 636.947.0600
315 First Capitol Dr.
St. Charles, MO 63301
West – 636.940.2504
330 S. Fourth St.
St. Charles, MO 6330
Wentzville – 636.887.3070
700 Medical Dr.
Wentzville, MO 63385
www.crisisnurserykids.com
✓ Helpline:
St. Charles: 636.947.0600
Wentzville: 636.887.3070
Provides crisis counseling, answers to parenting questions & referrals to community resources to help resolve the crisis situation.
✓ Temporary shelter for children ages birth-12 yrs whose families are in a crisis. Each child receives a physical exam, developmental assessment and play/art therapy if needed.
✓ Crisis Nursery: Provides respite for children ages birth-12 years in the crisis nursery & follow-up services for the parents.

SSM Behavioral Health Services
The Assessment Center
314.344.6700 or 1.800.426.2083
✓ Designed to reduce wait times and wait times at ER’s for mental health non-emergencies.
✓ Available 7 days a week, 8 am to 8 pm.
✓ Comprehensive, cost-free assessment and referral service.
✓ Assessment will determine needed level of care.

The Child Center, Inc.
989 Heritage Parkway
Wentzville, MO 63385
636.332.0899
www.thechildcenter.com
✓ A child advocacy center that aims to help the young victims of sexual abuse, physical abuse and those that witness violence.

Wellspring Christian Counseling
1400 Elbridge Payne Rd.
Ste 200
Chesterfield, MO 63017
636.449.1250
www.wellspringstl.org
✓ Nonprofit organization providing Christian counseling and mediation services that address issues including abuse, additions, depression, eating disorders, child and adolescent counseling and crisis intervention. Financial assistance for those who qualify. By appointment only. Serving O’Fallon, St. Charles and Wentzville.

Youth In Need
1815 Boone’s Lick Road
St. Charles, MO 63301
636.946.5600
24 Hr Helpline:
314.628.2929 or 1.877-928-2929
www.youthinneed.org
✓ Shelter: emergency residence for youth ages 10-18 experiencing a crisis; 24 hour support through shelter help line.
✓ Transitional Living program: group home & scattered apartments off youth 16-21 independent living skills & opportunity to become self-sufficient.
✓ Outreach: mobile unit offers emergency food, clothing & support to homeless youth living on the streets.
✓ Safe Place: Local component of a national outreach program educates youth on dangers of running away and a network of youth friendly businesses in St. Charles & St. Louis County, as well as St. Louis City provide safe havens and resources for youth in crisis. Yellow and black “Safe Place” signs identify locations.
✓ Head Start & Early Head Start: Comprehensive child and family development program of income eligible families with children from birth to age 5 as well as expectant parents in St. Louis City, St. Charles City and St. Charles, Lincoln, Warren & Montgomery Counties.
✓ Teen Parents: community and in school and counseling provides teen parents and expectant teens with nutritional & health information and supports them while they complete their education.