

## MENTAL HEALTH SERVICES ST CHARLES COUNTY

### **Al-Anon & Alateens**

2683 So. Big Bend Blvd, Rm 17  
Maplewood, MO 63143  
314.645.1572

[www.missouri-al-anon.org](http://www.missouri-al-anon.org)

- ✓ Support groups for friends, children (8-20) and other relatives of alcoholics; variety of meetings scheduled at different times throughout the community.

### **Alcoholics Information Exchange Information Center**

341 Droste Road  
St. Charles, MO 63301  
636.946.1560

- ✓ Support given to people who suffer from alcoholism.

### **Alternative Behavioral Care**

255 Spencer Rd., Ste 101  
St Peters, MO 63376  
636.477.6111

[www.alternativebehavioralcare.com](http://www.alternativebehavioralcare.com)

- ✓ Child (4-12), Adolescent (12-17) and adult mental health and substance abuse services including screenings, chemical dependency treatment, therapy, intensive outpatient and partial hospitalization services, case management, weekly intensive counseling, and medication management.
- ✓ Special suboxone program for opiate addiction.

### **Alternative Options Counseling Service**

1137 N Main St, Ste 2  
O'Fallon, MO 63368  
636.379.4433

[www.alternativeoptionscounseling.net](http://www.alternativeoptionscounseling.net)

- ✓ Complete multicultural, individual, family, and group counseling services.

### **Andy Anderson, M.A., LPC, KPMT**

567 Madison Street  
St. Charles, MO 63301  
636.699.0872

[www.childconductcounseling.com](http://www.childconductcounseling.com)

- ✓ Parent Management Training Class
- ✓ Certified Clinician Kazdin Parent Management Training

### **Ava Counseling Service**

2480 Executive Dr  
Suite 120  
St. Charles, MO 63303  
314-486-2027

[www.avacounseling.com](http://www.avacounseling.com)

- ✓ Batterer Intervention Services designed to work with men who abusive in their relationships with their partner.
- ✓ Supervised Visitation Services allowing children safe and positive contact with their parents and significant relatives.
- ✓ Individual Counseling
- ✓ Anger Management Counseling

### **Bereaved Parents of the USA**

P.O. Box 410350  
St. Louis, MO 63141

[www.bpusastl.org](http://www.bpusastl.org)

- ✓ Self-help support group for bereaved parents, siblings and grandparents. Meets throughout the St. Louis area.

### **Birthright Counseling**

St. Charles Office  
205 N. Fifth St., Ste 301  
St. Charles, MO 63301  
636.724.1200

After Hours 1.800.550.4900

Hotline 1.800.550.4900

Wentzville Office

10 East Pitman  
Wentzville, MO 63385  
636.327.8170

1.888.734.6268

<http://birthrightstlouis.org/>

- ✓ Crisis counseling
- ✓ Information & referral for pregnant women.
- ✓ Program focuses on alternatives to abortion

### **Boys and Girls Club of St. Charles County**

St. Charles  
1400 Olive St.  
St. Charles, MO 63301  
636.946.6255

O'Fallon/St. Peters  
#1 Club Way  
O'Fallon, MO 63376  
636.240.9150

[www.bgc-stc.org](http://www.bgc-stc.org)

- ✓ Provides recreational and social activities, athletic programs, clubs, special interest groups, library, and counseling services for youth.

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### **Bridgeway Behavioral Health**

#### Administration Office

1570 S. Main Street  
St. Charles, MO 63303  
636-757-2300

Inpatient: St Charles Center  
636.757.2300

Outpatient: St Charles Center  
636.757.2300

Sexual Assault: St. Charles Co.  
636.757.2300

Adolescent Services: St. Charles  
636.395.7101

Domestic Violence:

The Women's Center  
1.877.946.6854

Terry L. Robertson Center  
1.877.462.1758

<http://www.bridgewaycounseling.com/>

Services offered include:

- ✓ Addictive Disorders
- ✓ Sexual Assault
- ✓ Domestic Violence

### **Catholic Charities Community Services**

255 Spencer Rd, Ste 202  
St. Peters, MO 63376  
636.498.2273

[www.ccstl.org/](http://www.ccstl.org/)

- ✓ Assists low-income clients with rent, utilities, and obtaining prescriptions as funds are available.
- ✓ Provides food vouchers and referrals to local food pantries.
- ✓ Provides individuals and family counseling.

### **CenterPointe Hospital**

4801 Weldon Spring Parkway  
St. Charles, MO 63304  
800-345-5407

Outpatient Location

St. Peters  
4905 Mexico Road  
Suite 100

St. Peters, MO 63376  
Tel: 636-244-2625

<http://centerpointehospital.com/>

Services Provided:

- ✓ Crisis intervention
- ✓ Treatment
- ✓ Education
- ✓ Assessment
- ✓ Referral

### **Children's Home Society of Missouri**

2424 Muegge Rd  
St. Charles, MO 63303

636.940.1119  
9445 Litzsinger Rd.

St. Louis, MO 63144

314.968.2350

Emergency 314.568.6354

[www.chsmo.org](http://www.chsmo.org)

- ✓ Provides 24-hr respite care for developmentally disabled and/or terminally ill children
- ✓ Provides pregnancy counseling to understand available options
- ✓ Adoption home-studies
- ✓ 24-hour care by professional medical staff for children with special medical needs. Also offers specialized unit for children on life support system and other equipment

### **CHADS Coalition for Mental Health**

P.O. Box 510528

St. Louis, MO 63151

314.952.2046

[www.chadscoalition.org](http://www.chadscoalition.org)

- ✓ Advance the knowledge and prevention of adolescent depression and suicide through awareness, education and research.

### **Community Psychological Service**

North County Location

University of Missouri – St. Louis

232 Stadler Hall

St. Louis, MO 63121

West County Location

12837 Flushing Meadows

Ste. 220

St. Louis, MO 63131

314.516.5824

[www.umsf.edu/cps](http://www.umsf.edu/cps)

- ✓ Psychological evaluations of children, adolescents, and adults for academic, behavioral, and emotional problems
- ✓ Individual child and adolescent therapy, couple's counseling, and family therapy.

### **Comprehensive Mental Health**

200 South Kingshighway  
St. Charles, MO 63301

636.949.2650

<http://cmhsi.com/>

- ✓ Individual, marital, family & group therapy for adults and children experiencing emotional/psychiatric problems.

### **Consumer Credit Counseling-St Charles**

Clearpoint Financial Solutions

1600 Heritage Landing, Ste 211

St. Charles, MO 63303

636.441.9107 or 1.800.966.3328

[www.clearpointfinancialsolutions.org](http://www.clearpointfinancialsolutions.org)

- ✓ Personal Financial Management Counseling
- ✓ Counseling in household spending, debt repayment and delinquent mortgage. Educates in money and credit management and personal finance economics in schools.

### **Crider Health Center**

Crisis Behavioral Health Hotline-  
BHR 1.800.811.4760

Administrative offices

Crider Center-Wentzville

1032 Crosswinds Ct

Wentzville, MO 63385

636.332.6000

[www.cridercenter.org](http://www.cridercenter.org)

- ✓ Crider Health Center is federally qualified health center integrating health and mental health services for the area's most vulnerable citizens in Lincoln, Warren, St. Charles and Franklin Counties.

### **Family Life Counseling and Psychological Services, LLC**

4142 Keaton Crossing Blvd

Ste 101

O'Fallon, MO 63368

636.300.9333

[www.family-life-counseling.com](http://www.family-life-counseling.com)

- ✓ Individual therapy, marriage counseling, family therapy, psychological evaluations,

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ADHA testing, pre-marital counseling, child behavior therapy, PTSD and trauma specialists, mediation, learning disability testing and anger management.

### **Family Support Network**

110 N. Elm Ave.

St. Louis, MO 63119

314.961.5718

[www.Epworth.org](http://www.Epworth.org)

- ✓ Offers free weekly, in-home counseling for families who have behavioral challenges with their children. Completed referrals can be faxed to 314.918.3395
- ✓ Families are referred by professional sources or may make self-referrals.
- ✓ Participation in the program is voluntary.
- ✓ Families receive an average of six to nine months of counseling from a Master's level therapist at no cost to them.
- ✓ Weekly in-home counseling services provide parenting skill-building and support, enhanced family communication, help with difficult child behaviors, positive discipline techniques, stress and anger management skill-building, help with connecting to area resources. (Please send contact info to: rkraby@epworth.org)

### **Kids in the Middle, Inc.**

121 W Monroe Ave.

Kirkwood, MO 63112

314.909.9922

[www.kidsinthemiddle.org](http://www.kidsinthemiddle.org)

- ✓ Counseling for children of divorce: Provides group, individual and family counseling for children of separated, divorced and remarried families. Also, provides training and consulting for professionals, school and community.

### **Lutheran Family & Children Services**

8631 Delmar Blvd.

St. Louis, MO 63124

314.787.5100

1.866.326.LFCS

[www.connectwithus@lfcs.org](http://www.connectwithus@lfcs.org)

- ✓ Wings: women in need of growing stronger program
- ✓ Foster care
- ✓ Adoption Services
- ✓ Community Services: Youth mentoring program; disaster program
- ✓ Counseling
- ✓ Advocacy
- ✓ Child Development Centers

### **Tammy Maxwell, MA, PLPC**

314.643.8643

Email: [XYZPlus2009@gmail.com](mailto:XYZPlus2009@gmail.com)

- ✓ In-Home Therapy
- ✓ Individual counseling
- ✓ Family counseling

### **Megan Meier Foundation**

17295 Chesterfield Airport Rd

Ste 200

Chesterfield, MO 63005

636.777.7823

[www.meganmeierfoundation.org](http://www.meganmeierfoundation.org)

- ✓ Provides information and presentations on bullying and cyber bullying.

### **NAMI – National Alliance for Mentally Ill**

1750 S. Brentwood Blvd, Ste 511

St. Louis, MO 63144

314.962.4670

St Charles Office

200 S. Kingshighway, Ste 101

St. Charles, MO 63301

636.940.7440 or 1.877.724.2977

[www.namistl.org](http://www.namistl.org)

- ✓ Offers services to families of children with mental illness up to age 19 who reside in St. Charles County. The office provides a Help Line, staffed 24 hours a day; a monthly support group for families of children and adolescents, the NAMI basics Education Program, and educational presentations to the community.

### **Narcotics Anonymous-St. Charles**

P.O. Box 596

St. Charles, MO 63302

636.697.8406

[www.showmeregionna.org](http://www.showmeregionna.org)

- ✓ Local meeting directories can be accessed at the website.
- ✓ Self-help, self-supporting program for persons desiring to stop using drugs and alcohol. Program is based on the 12-steps to Recovery of Narcotics Anonymous.

### **Provident**

2650 Olive St.

St. Louis, MO 63103

314.533.8200

1.800.782.1008

Crisis line: 314.647.4357 or

1.800.273.8255

[www.providentstl.org](http://www.providentstl.org)

- ✓ MEDV(Men Ending Domestic Violence): A program designed to help participants end their use of violence and abuse. The 26-week program is comprised of weekly counseling and education groups.
- ✓ Provides outpatient mental health services, including treatment for children, adults and families.
- ✓ Heritage House: Provides safe, supervised visitation of children by non-custodial parents and safe exchange between parents who share custody.

### **Psychological Network, Inc.**

58 Portwest Ct.

St. Charles, MO 63303

636.916.5800

[www.psynetinc.com](http://www.psynetinc.com)

- ✓ Group, couple and individual counseling provided for a variety of issues by qualified mental health professionals.
- ✓ Mental health evaluations for criminal, family, civil and personal injury cases.
- ✓ Witness preparation and jury selection.

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### **Raven – Rape and Violence End Now Raven- Rape And Violence End Now**

3960 Lindell Blvd  
Suite 110  
St. Louis, MO 63108  
314-289-8000

[www.ravenstl.org](http://www.ravenstl.org)

- ✓ Provides counseling and education on issues relating to men's violence against women. Serves men who batter or abuse women and their children.

### **St. Charles County – Community Health & The Environment**

Care Trak

[www.caretrak.com](http://www.caretrak.com)

636.949.7400

GPS tracking for medically diagnosed individuals who wander.

### **Saint Louis Crisis Nursery**

St. Charles – 636.947.0600

315 First Capitol Dr.

St. Charles, MO 63301

West – 636.940.2504

330 S. Fourth St.

St. Charles, MO 6330

Wentzville – 636.887.3070

700 Medical Dr.

Wentzville, MO 63385

[www.crisisnurserykids.com](http://www.crisisnurserykids.com)

- ✓ Helpline:  
St. Charles: 636.947.0600  
Wentzville: 636.887.3070  
Provides crisis counseling, answers to parenting questions & referrals to community resources to help resolve the crisis situation.
- ✓ Temporary shelter for children ages birth-12 yrs whose families are in a crisis. Each child receives a physical exam, developmental assessment and play/art therapy if needed.
- ✓ Crisis Nursery: Provides respite for children ages birth-12 years in the crisis nursery & follow-up services for the parents.

### **SSM Behavioral Health Services**

The Assessment Center

314.344.6700 or

1.800.426.2083

- ✓ Designed to reduce walk-ins and wait times at ER's for mental health non-emergencies.
- ✓ Available 7 days a week, 8 am to 8 pm.
- ✓ Comprehensive, cost-free assessment and referral service.
- ✓ Assessment will determine needed level of care.

### **The Child Center, Inc.**

989 Heritage Parkway

Wentzville, MO 63385

636.332.0899

[www.thechildcenter.com](http://www.thechildcenter.com)

- ✓ A child advocacy center that aims to help the young victims of sexual abuse, physical abuse and those that witness violence.

### **Wellspring Christian Counseling**

1400 Elbridge Payne Rd.

Ste 200

Chesterfield, MO 63017

636.449.1250

[www.wellspringstl.org](http://www.wellspringstl.org)

- ✓ Nonprofit organization providing Christian counseling and mediation services that address issues including abuse, addictions, depression, eating disorders, child and adolescent counseling and crisis intervention. Financial assistance for those who qualify. By appointment only. Serving O'Fallon, St. Charles and Wentzville.

### **Youth In Need**

1815 Boone's Lick Road

St. Charles, MO 63301

636.946.5600

24 Hr Helpline:

314.628.2929 or 1.877-928-2929

[www.youthinneed.org](http://www.youthinneed.org)

- ✓ Shelter: emergency residence for youth ages 10-18 experiencing a crisis; 24 hour support through shelter help line.
- ✓ Transitional Living program: group home & scattered apartments off youth 16-21 independent living skills & opportunity to become self-sufficient.
- ✓ Outreach: mobile unit offers emergency food, clothing & support to homeless youth living on the streets.
- ✓ Safe Place: Local component of a national outreach program educates youth on dangers of running away and a network of youth friendly businesses in St. Charles & St. Louis County, as well as St. Louis City provide safe havens and resources for youth in crisis. Yellow and black "Safe Place" signs identify locations.
- ✓ Head Start & Early Head Start: Comprehensive child and family development program of income eligible families with children from birth to age 5 as well as expectant parents in St. Louis City, St. Charles City and St. Charles, Lincoln, Warren & Montgomery Counties.
- ✓ Teen Parents: community and in school and counseling provides teen parents and expectant teens with nutritional & health information and supports them while they complete their education.