

**BOONE COUNTY MENTAL HEALTH
COURT (ASCII)**



Participant Manual

Boone County Treatment Court Entry Quiz

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|-----|---|------|-------|
| 1. | I am allowed to take medicine prescribed by a doctor without asking for permission from Mental Health Court. | True | False |
| 2. | If it is my day to give a UA, I must comply by what time? _____ | | |
| 3. | If I have permission to leave Boone County, I must give a UA both before and after my trip. | True | False |
| 4. | If I am arrested on a new felony charge, I may be terminated from the Treatment Court. | True | False |
| 5. | A dilute UA is an accident and there will be no sanction. | True | False |
| 6. | If I have permission to leave Boone County, but my plans change and I don't go, I don't have to take the before and after UA. | True | False |
| 7. | If I am at least 21 years old, I may drink alcoholic beverages while I am in Treatment Court. | True | False |
| 8. | I am required to call the UA hotline every day, including Saturday and Sunday. | True | False |
| 9. | It is OK to be late or miss appointments if the reason is work-related. | True | False |
| 10. | I must provide the Mental Health Court with my current address and phone number and notify them of any changes. | True | False |
| 11. | If I miss a UA it will be considered the same as a positive test. | True | False |
| 12. | Since honesty is important in Treatment Court, I may be terminated from the program if I am dishonest. | True | False |
| 13. | I am not allowed to leave Boone County without permission for any reason. | True | False |
| 14. | I do not need to ask permission to attend a concert. | True | False |
| 15. | I must respect other people's confidentiality. | True | False |
| 16. | It is not a problem to be with my old friends when they are using, as long as I don't use. | True | False |
| 17. | It is OK to go to bars or concerts if I do not drink. | True | False |

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|---|------|-------|
| 18. Mental Health Court can direct me to find new housing. | True | False |
| 19. I may be required to provide a UA at any time, even if it is not my required day. | True | False |
| 20. Employment, community service, vocational training, or school attendance is a requirement of Treatment Court. | True | False |
| 21. My probation officer is _____ and his/her phone number is _____. | | |
| 22. If my job requires me to leave Boone County, it is OK to go without Mental Health Court permission. | True | False |
| 23. I can go to casinos to gamble as long as I do not drink or use drugs. | True | False |
| 24. If I am really sick, I can take medicine that a friend or family member gives me. | True | False |
| 25. What is the random drug testing hotline number and what is my access code?
_____ | | |
| 26. If I have any contact with law enforcement, I am required to give a UA within 24 hours. | True | False |
| 27. Boonville is in Boone County. | True | False |
| 28. I must ask permission to take any over-the-counter medication that is not on the list at the end of the Treatment Court Handbook. | True | False |
| 29. I am responsible for keeping all appointments and being on time, including court appearances, treatment sessions, and meetings with my probation officer. | True | False |

Mental Health Court (ASCII) Program

MISSION STATEMENT

Our mission is to address the unique needs of individuals diagnosed with mental illness and those with a dual diagnosis of mental illness and substance abuse who are in the criminal justice system. We intend to serve as a bridge between the mental health system and the criminal justice system, for the benefit of both systems and the clients they share.

The Thirteenth Judicial Circuit Mental Health Court Program aims to accomplish its mission by:

- Providing drug-addicted and substance abusing offenders with judicially supervised treatment as an alternative to incarceration;
- Providing participants with the education needed to curb drug and alcohol addiction, criminal thinking, and promote a life of recovery and sobriety;
- Providing rigorous supervision and case management to ensure that each participant complies with their individual treatment goals and objectives;
- Providing immediate interventions to reduce high-risk behaviors and promote responsible behaviors while holding participants accountable for their actions;
- Assisting participants with their vocational, educational, employment, and health care needs through community partnerships;
- Encouraging participants to maintain a drug and alcohol free lifestyle by administering random drug and alcohol testing;
- Maintaining a cohesive team that can help assist participants with life changing behaviors through continued education and professional growth;
- Perform regular evaluation measures to help promote effective practices and improve ineffective practices.

OVERVIEW

The Boone County Mental Health Court Program is a court-supervised, comprehensive treatment program which accepts participants through various entry tracks. It includes first time non-violent offenders; probationers; and offenders who are returning to the community from the Department of Corrections. The Mental Health Court may be a voluntary program or ordered as a condition of probation. Participation includes regular court appearances before the Treatment Court Commissioner, random drug testing, and individual and/or group counseling provided by Burrell Behavioral Health or New Horizons. In addition, participants will receive substance abuse treatment as needed from Reality House or McCambridge Center.

The participant is also expected to obtain and maintain employment or involvement in vocational or educational programs unless a documented disability prevents them from doing so. They are encouraged to attend regular 12-step meetings (Narcotics Anonymous or Alcoholics Anonymous). The length of the Mental Health Court Program is determined by each participant's progress and will be a minimum of 14 months in duration.

MENTAL HEALTH COURT SUPERVISION

A Mental Health Court participant will be required to appear in Treatment Court on a regular basis, at a frequency to be determined by the treatment team based on a participant's progress. Prior to each appearance, the Commissioner will be given a progress report prepared by the treatment team regarding drug test results, attendance and participation in treatment and compliance with the Probation Officer. The Commissioner may ask the participant questions about his/her progress, and discuss any specific problems the participant may have been experiencing. If doing well, the participant will be encouraged to continue with the program and work with the treatment team toward graduation. If not doing well, the Commissioner will discuss these issues with the participant and the treatment team and determine further action. In the event of program violations (i.e., missed or positive urine screens, not attending individual or group counseling, etc.), sanctions may be imposed by the court. Repeated violations of the program expectations and lack of satisfactory progress may result in termination from the program.

Not appearing in court on the date and time scheduled may result in a warrant being issued for the participant's arrest. If a participant cannot appear in court as scheduled, the Probation Officer AND Mental Health Court Administrator must be notified as soon as possible.

The following violations may result in termination from the Mental Health Court Program: warrants and/or new arrests; missing drug tests; demonstrating a lack of program response by not cooperating with treatment, and violence or threats of violence directed at the treatment team or others. The Treatment Court Commissioner will make the final decisions regarding termination from the program.

CONFIDENTIALITY

Confidentiality is essential to maintain the integrity of group treatment sessions. Nothing that is discussed within the confines of those meetings is to leave those meetings. No information pertaining to another client should be discussed outside of group. This confidentiality applies to things said in the courtroom as well. Rule violations should be reported immediately to the Probation Officer, treatment provider, or Treatment Court Administrator. You will be required to sign a release of information which allows your treatment provider(s) to share information with other members of the Mental Health Court team (Commissioner, Administrator, prosecuting attorney, public defender, probation officer, other treatment providers, etc (See the Consent to Release Information Form). Your privacy is respected and the team will make every effort to protect your identity.

FEES

Unlike other Treatment Courts in the 13th Circuit, Mental Health Court does not charge participants a fee. However, there MAY be a cost to the participant for UA's collected for the purpose of travel outside of Boone County. In addition, if a participant disagrees with the results of any positive UA and wishes to have the sample confirmed, they may be charged to retest the sample if confirmation results are indeed positive.

DRESS CODE AND BEHAVIOR

There is a specific dress code for all participants in the Boone County Mental Health Court, for all court sessions, classes, treatment sessions, and meetings with any team member at any location.

The dress code is as follows:

- Absolutely no article of clothing will be allowed bearing any alcohol or drug advertisement or message.
- No sexually explicit clothing is allowed.
- Shirts and shoes must be worn at all times.
- No do-rags may be worn at any time.
- No sleeveless shirts/tank tops or backless shirts will be allowed.
- Shorts and skirts must be the length that they would reach the tips of your fingers while your hands are straight down at your side.
- Pants must fit properly.
- Swimsuits are not allowed unless they are fully covered and worn under appropriate clothing.
- Tops of pants must meet bottoms of shirts (no bare skin).
- If the Treatment Court Commissioner or other staff member informs you that you are dressed inappropriately, you will be asked to leave immediately and may not receive credit for attending.

You are expected to maintain appropriate behavior at all times. This includes while you are in Court, at treatment, in classes, and while meeting with any team member at any time. This includes:

- No talking in the courtroom.
- No sleeping in the courtroom or while attending classes or treatment.
- No eating or drinking in the courtroom.
- No smoking in the courthouse and only in the designated area outside of the courthouse.
- Be on time and do not leave during the hearing.
- Cell phones are NOT allowed in the courthouse.
- The court session is NOT the appropriate time to speak with any of the team members, unless you have made arrangements to do so prior to the court session. You must call or set up an appointment.

PROGRAM RULES

“SHOW UP, BE HONEST, TRY”

- ◆ **DO NOT USE OR POSSESS ANY DRUGS OR ALCOHOL OR BE IN ANY ESTABLISHMENT WHOSE PRIMARY PURPOSE IS THE SALE OF SUCH ITEMS.** Maintaining an alcohol- and drug-free lifestyle is the most important part of the recovery process.
- ◆ **ALL MEDICATIONS MUST BE APPROVED BY THE TREATMENT TEAM PRIOR TO BEING TAKEN. THIS INCLUDES OVER-THE-COUNTER MEDICATIONS.** In this handbook, you will find a list of pre-approved over-the-counter medications that do not need further approval. If there is any doubt about a medication, ask a member of the treatment team! You are responsible if you have a positive UA caused by a medication that was not approved. It is best practice to not have a medication filled at the pharmacy until you have spoken to your Probation Officer or the Treatment Court Administrator. In addition, you are to notify all doctors of your participation in treatment court by having them complete the Notice of Participation in Treatment Court form located in this manual. This form should also be completed any time you visit the Emergency Room or Urgent Care, and anytime you begin seeing a new physician. The completed form should be submitted to the Treatment Court Administrator or your Probation Officer.
- ◆ **DO NOT ENTER ESTABLISHMENTS WITH THE PRIMARY FUNCTION BEING THE SALE OF ALCOHOL OR GAMBLING.** Casinos, concerts, grocery store liquor sections, bars or packaged liquor stores are off limits. You may not purchase liquor for any reason.
- ◆ **ATTEND ALL TREATMENT SESSIONS.** If a participant is unable to attend a scheduled session, he/she must contact the treatment provider before a session is missed. It is also best to notify your Probation Officer to discuss the situation with him or her as well.
- ◆ **REPORT TO PROBATION OFFICER AS DIRECTED.** If unable to make an appointment, contact the Probation Officer immediately. Your Probation Officer will do his or her best to accommodate your work and treatment schedule, but you **MUST** notify your officer of those obligations in advance.
- ◆ **BE ON TIME TO APPOINTMENTS WITH TREATMENT PROVIDER, PROBATION OFFICER, AND COURT.** If a participant is late, he/she may not be allowed to attend the appointment and could be considered non-compliant.
- ◆ **DO NOT MAKE THREATS TOWARD OTHER PARTICIPANTS OR STAFF OR ACT IN A VIOLENT OR INAPPROPRIATE MANNER.** Violent, dishonest, or inappropriate behavior will not be tolerated and will be reported to the Court. This includes harassment of peers or staff, and misconduct of any kind. These behaviors may result in termination from the Mental Health Court program.
- ◆ **DRESS APPROPRIATELY FOR COURT AND TREATMENT SESSIONS.** Clothing bearing drug- or alcohol-related themes or promoting or advertising alcohol or drug use is considered inappropriate. Sunglasses, hats, and bandanas are not to be worn inside the courthouse, treatment centers, or probation office. Please see the Dress Code section of this handbook.

- ◆ **ALWAYS TELL THE TRUTH.** Overcoming chemical dependency and other barriers is not easy. This will take the participant's best effort and truthfulness. Participants who are not truthful will not be allowed to remain in the program.
- ◆ **DO NOT LEAVE THE COUNTY WITHOUT PERMISSION.** You must get permission from your Probation Officer and the Mental Health Court team prior to leaving Boone County. Travel requests must be submitted at least 24 hours prior to the court date that precedes your travel if at all possible. If you are planning to leave the state, you must also get an out-of-state travel permit from your Probation Officer. Out-of-state travel permits often require a 15-day processing period. It is your responsibility to apply for the permit in a timely manner. Please be advised, no travel will be approved at your court appearance, unless there has been prior submission of a travel permit.
- ◆ **TURN IN ALL DOCUMENTS ONE (1) DAY PRIOR TO COURT APPEARANCE WHEN REASONABLY POSSIBLE.** In order to receive credit for 12-Step meeting attendance, payment of treatment fees, completion of community service hours, etc, and a participant must turn the proper documentation into their Probation Officer no later than the day prior to their court appearance.
- ◆ **REPORT FOR DRUG TESTING UPON CONTACT WITH LAW ENFORCEMENT.** You must report for a drug test within 24 hours of contact with a law enforcement officer for any reason, unless excused by your Probation Officer. You are also to notify your Probation Officer of any police contact.
- ◆ **NOTIFY YOUR PROBATION OFFICER AND TREATMENT PROVIDERS OF ANY CHANGE IN ADDRESS OR PHONE NUMBER.** Your Probation Officer and other members of the treatment team need to have a way to reach you. It is YOUR responsibility to keep this information up to date. Changes in residency must be approved in advance by your Probation Officer.
- ◆ **YOU MUST VERIFY YOUR EMPLOYMENT OR ENROLLMENT IN AN EDUCATIONAL OR VOCATIONAL PROGRAM.** Advance permission must be obtained from a Probation Officer before quitting a job or program. In the event you lose your job or are terminated from a program, you must notify your Probation Officer within 48 hours. Employment can be verified by supplying your work schedule and/or paystubs to your Probation Officer. If you are disabled, you must provide verification of this as well.
- ◆ **DO NOT ASSOCIATE WITH OTHER TREATMENT COURT PARTICIPANTS OUTSIDE OF COURT OR TREATMENT WITHOUT PRIOR APPROVAL.** Association with other individuals of Probation or Parole is a violation of your supervision and the Court will be notified. This includes any person convicted of a felony or misdemeanor, or anyone currently under the supervision of the Division of Probation and Parole. It is your responsibility to know with whom you are associating.
- ◆ **NO WEAPONS.** As a Treatment Court participant, you are not to own, possess, purchase, receive, sell, or transport any firearms, ammunition or explosive device, or any dangerous weapon. This includes: firearms, gas guns, spring guns, explosive weapons, knives (other than ordinary pocket knives with less than 4 inch length blades), switchblade knives, projectile weapons, blackjacks and brass knuckles.

TREATMENT PROCEDURES

Treatment will be provided through an interdisciplinary team approach. This means that providers from various backgrounds will meet regularly to assess the level and intensity of treatment that will best meet a participant's needs. A recommendation will be made to the Treatment Court Commissioner regarding what level of treatment may be needed (detoxification, residential, outpatient treatment, etc). If a participant is admitted into a residential treatment program, the treatment plan will include the requirements of that program. If not admitted into a residential treatment program, an intensive outpatient program will be developed which includes, but is not limited to: a treatment plan, drug testing, counseling, 12-step meetings (2 per week), and writing assignments. A list of available 12-step meetings is included in this manual. Participants are encouraged to obtain an appropriate sponsor of the same gender and at least one year sobriety.

All participants will have a treatment plan. An initial treatment plan will be developed by the treatment court team following an overall assessment of a participant's substance abuse history and social situation. The plan will act as a guide for the initial treatment phase. The plan will be maintained by the treatment court team and updated as the participant progresses through the program. Treatment plans should include all aspects of a participant's life (social, emotional, financial, spiritual, occupational, physical, intellectual, and environmental).

DRUG TESTING

Each participant will be given a card with instructions for random drug testing. Every participant is to call the 800 number **daily**. Each participant will also be given a call-in code number. When the recording indicates that the participant has been chosen to report for random drug testing, he/she **MUST** provide a UA between **6:00 a.m. and 10:00 a.m.** All urine and breathalyzer testing will be conducted in the lower level of the Alternative Sentencing Center, located at 607 East Ash Street. Testing services are provided by an outside, contracted agency. Participants need to bring a photo identification card when reporting for random drug testing. Permission must be obtained in advance before providing a UA at any other location.

Participants are randomly tested for drugs and alcohol throughout the entire treatment process. Additional testing may be required at the discretion of the probation officer, treatment provider, and the court. Participants should be prepared to provide a sample for urinalysis at the direction of any team member at any time.

All late, dilute, missed, or positive tests will be considered an indication that a treatment response or modification may be necessary.

Travel UA's- If approved to travel by the treatment team, a UA must be provided when a participant leaves Boone County, and upon their return. If the testing center is not open, these UA's will be collected at Reality House, located at 1900 Prathersville Road, or the McCambridge Center for Women. You are to let staff know that you are there to do a "travel UA." Travel UA's may be at the participant's expense (\$14.75 each) and must be paid for prior to the travel.

Law Enforcement Contact UA's- In addition to notifying your Probation Officer of any contact you have with law enforcement, you are also to provide a UA at the Reality House, located at 1900 Prathersville Road, or the McCambridge Center for Women. You are to let staff know that you are there to do a "police contact UA." Law Enforcement Contact UA's are to occur as soon as possible after the contact occurs, but **MUST** be done within 24 hours.

COUNSELING

Throughout the program, participation in counseling may be recommended, and attendance will be mandatory. The frequency will be determined by the treatment team based on a participant's individual needs. This may include both individual and/or group sessions. In addition, counseling may include **Moral Reconation Therapy** (MRT), which focuses on criminal thinking and morals. Attendance at counseling sessions, groups, and classes will be reported to the Commissioner as part of a participant's progress report. Prior permission from the treatment counselor must be obtained in order to be excused from any session.

WRITING ASSIGNMENTS

The Treatment Court Commissioner will provide each participant with a weekly writing topic. The purpose of the writing assignments is to provide the Commissioner with each participant's personal perception of Mental Health Court related topics, including personal problems of alcohol and drug dependence, and short-term and long-term goals. The Court will provide a journal to each participant at their first court appearance. The writing assignments must be brought to every court appearance. If you have any difficulty understanding or completing your writing assignment, please reach out to a member of the treatment team in advance of your court appearance.

SANCTIONS AND INCENTIVES

Throughout a participant's time in Mental Health Court, the treatment team and Treatment Court Commissioner will make reasonable efforts to recognize achievements, milestones, and positive efforts made by the participant. In addition, negative behaviors and lack of compliance with program requirements will also be addressed.

Possible incentives for compliance, achievements, milestones, etc include:

- Move to the front of the docket at next court appearance
 - Decrease in frequency of court appearances
 - Gift cards from local businesses
 - Draw a prize
 - Move to the next phase
- Reduction in treatment or other required activities
 - Recognition in court
 - Travel privileges
 - Weekly drawing
 - Graduation

Possible sanctions for lack of compliance, negative behaviors, etc include:

- Warning from the Commissioner
- Move to the end of the docket
 - Increased drug testing
- Increase in treatment or other required activities
 - Community service
- Electronic monitoring or home detention
- Increased frequency of court appearances
 - Reality House
 - Daily UA's, BA's, or check-ins
 - Loss of travel privileges
 - Jail time
- Termination from the program

Phases

Phase 1- Acute Stabilization

Length- Approximately 60 days

Requirements for Phase 1:

1. Schedule an appointment for psychiatry and begin meeting with a Community Support Specialist. Meetings should occur 1-2 times per week outside of court or PO appointments.
 - a. If needed, participants will work with their CSS to apply for necessary resources and benefits (health insurance, food assistance, Social Security, etc).
 - b. If housing is unstable, participants will begin working with the team to identify resources to secure stable housing.
2. The treatment team will work together to develop an appropriate treatment plan for how to address treatment related needs, and needs in other areas of the participant's life (social, recreational, emotional, physical, spiritual, occupational, environmental, intellectual).
3. The treatment team will begin making referrals to other support services, such as medical, mental health, or family education/counseling. A member of the treatment team may make contact with the participant's family member or significant other.
4. Treatment begins, and participants begin working on changing "people, places, and things". This *may* include:
 - a. Individual counseling, at the discretion of the treatment provider;
 - b. Education groups, at the discretion of the treatment provider;
 - c. Process group;
 - d. Specialized classes, based on participants needs;
 - e. Daily call-ins for random drug and alcohol testing
5. The participant will meet with the Probation Officer 1-2 times per week.
6. The participant will be in compliance with any prescribed medications.
7. The participant will appear in court on a weekly basis.
8. If the participant is not under the care of a physician, he/she will need to undergo a medical assessment.
9. A minimum of 1 monthly home visit will be conducted.

**All treatment court participants are on an individual treatment plan based on recommendations of the clinician (s).*

In order to advance, a participant must: Have regular attendance at treatment; keep scheduled appointments with Probation Officer; be honest; and have 14+ consecutive days sobriety.

Phase 2- Clinical Stabilization

Length- Approximately 90 days

Requirements for Phase 2:

1. Continue psychiatric care and at least weekly meetings with CSS outside of court and PO appointment.
 - a. Maintain or obtain necessary social service resources (food stamps, health insurance, etc)
2. Continue treatment. Requirements may include:
 - a. Individual counseling, at the discretion of the treatment provider;
 - b. Early Recovery Skills, at the discretion of the treatment provider;
 - c. Education groups, at the discretion of the treatment provider;
 - d. Process group;
 - e. Specialized classes, based on participant's needs;
 - f. Daily call-ins for random drug and alcohol testing
3. The participant is encouraged to begin attending a 12-step meeting at least twice per week.
4. The participant will be in compliance with any prescribed medications.
5. Participants prepare a budget and begin working through any financial hardships with their treatment team.
6. The participant will meet with the Probation Officer weekly.
7. The participant will appear in court on a weekly basis.
8. A minimum of 1 monthly home visit will be conducted.
9. If housing is unstable, participants will begin working with the team to identify resources to secure stable housing.

**All treatment court participants are on an individual treatment plan based on recommendations of the clinician (s).*

In order to advance, a participant must: Have regular attendance at treatment; continue compliance with treatment and supervision; keep scheduled appointments with Probation Officer; be honest; and have 30+ consecutive days sobriety.

Phase 3- Pro-Social Habilitation

Length- Approximately 90 days

Requirements for Phase 3:

1. Continue psychiatric care and at least twice monthly meetings with CSS outside of court and PO appointment.
 - a. Maintain or obtain necessary social service resources (food stamps, health insurance, etc)
2. Continue treatment. Requirements may include:
 - a. Individual counseling, at the discretion of the treatment provider;
 - b. Relapse Prevention, if needed;
 - c. Education groups, at the discretion of the treatment provider;
 - d. Process group;
 - e. Specialized classes, based on participant's needs;
 - f. Moral Reconation Therapy (MRT), Something for Nothing
 - g. Daily call-ins for random drug and alcohol testing
3. The participant is able to identify a sober support network or sponsor
4. The participant will be in compliance with any prescribed medications.
5. The participant begins a pro-social activity if one has not already been identified
6. The participant will meet with the Probation Officer bi-weekly.
7. The participant will appear in court on a bi-weekly basis, at the discretion of the treatment team.
8. A minimum of 1 monthly home visit will be conducted.
9. A participant's housing will remain stable.

**All treatment court participants are on an individual treatment plan based on recommendations of the clinician (s).*

In order to advance, a participant must: Have regular attendance at treatment; continue compliance with treatment and supervision; keep scheduled appointments with Probation Officer; be honest; be involved in a pro-social activity; and have 45+ consecutive days sobriety.

Phase 4- Adaptive Habilitation

Length- Approximately 90 days

Requirements for Phase 4:

1. Continue psychiatric care and at least twice monthly meetings with CSS outside of court and PO appointment.
 - a. Maintain or obtain necessary social service resources (food stamps, health insurance, etc)
2. Continue treatment. Requirements may include:
 - a. Individual counseling, at the discretion of the treatment provider;
 - b. Relapse Prevention, if needed;
 - c. Education groups, at the discretion of the treatment provider;
 - d. Process group;
 - e. Specialized classes, based on participant's needs;
 - f. Moral Reconation Therapy (MRT), Something for Nothing
 - g. Daily call-ins for random drug and alcohol testing
3. The participant is maintaining a sober support network or sponsor
4. The participant will be in compliance with any prescribed medications.
5. The participant continues participation in a pro-social activity.
6. Eligible participants will begin looking for employment, attending vocational training, or furthering their education.
7. As needed, participants will begin working on parenting skills or developing additional family supports.
8. The participant will meet with the Probation Officer bi-weekly.
9. The participant will appear in court on a monthly basis, at the discretion of the treatment team.
10. A minimum of 1 monthly home visit will be conducted.
11. A participant's housing will remain stable.

**All treatment court participants are on an individual treatment plan based on recommendations of the clinician (s).*

In order to advance, a participant must: Have regular attendance at treatment; continue compliance with treatment and supervision; keep scheduled appointments with Probation Officer; be honest; maintain their support network and pro-social activity; begin addressing occupational, vocational, or educational needs; and have 60+ consecutive days sobriety.

Phase 5- Adaptive Habilitation

Length- Approximately 90 days

Requirements for Phase 5:

1. Continue psychiatric care and at least monthly meetings with CSS outside of court and PO appointment.
 - a. Maintain or obtain necessary social service resources (food stamps, health insurance, etc)
2. Continue treatment. Requirements may include:
 - a. Individual counseling, at the discretion of the treatment provider;
 - b. Relapse Prevention, if needed;
 - c. Education groups, at the discretion of the treatment provider;
 - d. Process group;
 - e. Specialized classes, based on participant's needs;
 - f. Moral Reconation Therapy (MRT), Something for Nothing
 - g. Daily call-ins for random drug and alcohol testing
3. The participant is maintaining a sober support network or sponsor
4. The participant will be in compliance with any prescribed medications.
5. The participant continues participation in a pro-social activity.
6. Eligible participants will continue looking for or maintaining their employment, vocational training, or education.
7. Participants will maintain their family supports.
8. The participant will meet with the Probation Officer bi-weekly, or at the Probation Officer's discretion.
9. The participant will appear in court on a monthly basis, at the discretion of the treatment team.
10. A minimum of 1 monthly home visit will be conducted.
11. A participant's housing will remain stable.

**All treatment court participants are on an individual treatment plan based on recommendations of the clinician (s).*

In order to advance, a participant must: Have regular attendance at treatment; continue compliance with treatment and supervision; keep scheduled appointments with Probation Officer; be honest; maintain their support network and pro-social activity; maintain employment or other vocational or education training; and have 90+ consecutive days sobriety.

GRADUATION

Graduation will occur after a minimum of 14 months of participation in Mental Health Court and when the treatment team agrees that the participant has sufficiently integrated the information to support recovery.

Graduation Packet

As a prospective graduate you must complete this packet and return it to your Probation Officer at least **2 weeks** prior to graduation. This packet is to be taken seriously. Please be thorough, answering questions completely. This packet is intended to assist the team in determining if you are ready to graduate. **Failure to complete it in time and as directed above could result in you not graduating.**

The application should be a three-part essay.

In the first part of the essay the graduate is to describe their life during their substance abusing past.

- 1. My personal problems with addiction and/or mental health symptoms.
- 2. My criminal thinking/behavior and where it led me.
- 3. How I finally ended up in Treatment Court.

In the second part the graduate is to describe their experience in Treatment Court.

- 1. How I felt getting started in Treatment Court.
- 2. What worked the best for me in Treatment Court?
- 3. What I am thankful for from my time in Treatment Court.

In the third part the graduate is to describe their relapse prevention plan.

- 1. What I am going to struggle with.
- 2. What I learned in Treatment Court.
- 3. How I am going to apply what I learned.

TERMINATION

A Mental Health Court participant may be terminated from the program at the discretion of the Commissioner. Reasons for such may include but are not limited to: lack of progress in treatment, not following through with directives, not paying fines/fees, threats or acts of violence, harassment, continued substance use, or medical problems that interfere with treatment. If for any reason the treatment team believes that you should be terminated from Mental Health Court, you may be offered a Termination Hearing. This hearing is excluded for participants of treatment court who enter on a diversion track.

The Treatment Court Commissioner will preside over the Termination Hearing. During the hearing, the Prosecutor's Office will present evidence which supports your termination from Mental Health Court. You will have the opportunity to present evidence which would disprove the stated reasons for your termination. You may request this hearing, or waive your right to such. Waiving your right to a termination hearing has no bearing on any other hearing to which you are entitled.

AFTERCARE SERVICES

Treatment does not have to end once you finish Treatment Court! Recovery is a lifelong process, and it is our hope that you will remain engaged in available community resources and continue working to improve your life! Please reach out to any member of the treatment team if you need assistance in coordinating care in any way. We hope that you may find the following resources helpful.

Health Clinics

- Family Health Center 1001 W Worley St (573) 214-2314
 - o Medicaid, MC+, sliding fee scale
- Health Department 1005 W Worley St (573) 874-7355
- Boone Hospital 1605 E Broadway #200 (573) 815-2211
- University of Missouri Hospital 1 Hospital Dr (573) 882-4141
- MU Women's and Children's Hospital 404 N Keene St (573) 875-9000
- MedZou 105 E. Ash Street, Ste. 200 (573) 356-2499
 - o Free clinic run by students
- Family Impact Center 105 E Ash St (573) 882-2428
- Spectrum Health 1123 Wilkes Boulevard Suite 250 (573) 875-8687

Dental

- Health Department 1005 W Worley St (573) 874-7355
 - o Eligibility required
- Family Health Center 1001 W Worley St (573) 214-2314
 - o Lottery program
- Family Dental Center 1101 N Providence Rd (573) 777-8997
- Mid-Mo Dental Center 409 Vandiver W. Bldg 3 Ste 102 (573) 814-1694

Medication Assistance

- Health Department 1005 W Worley St (573) 874-7355
 - o Eligibility required
- Voluntary Action Center 403 Vandiver Dr Ste A (573) 874-2273
 - o Must have photo ID, SS card, proof of address, and proof of income for EVERYONE in the household!
- <http://www.morx.mo.gov/> for Medicare participants
- 1123 Wilkes Boulevard Suite 250 (573) 875-8687

Mental Health

- Burrell Behavioral Health 3401 Berrywood Dr Ste 300 (573) 777-8300
- New Horizons 1408 Hathman Pl. (573) 443-0405
- Integrated Behavioral Health Clinic 105 E. Ash Street, Ste. 200 (573) 356-2499
 - o Free behavioral health clinic offering psychiatry, counseling, and case management
- Family Impact Center 105 E Ash St (573) 882-2428
- Wakonda 2100 E Broadway 305 (573) 442-8550
 - o Free counseling clinic
- University of MO Psychiatric Center 3 Hospital Dr. (573) 884-1300
- Centerpoint 601 W Nifong Blvd Ste 6a (573) 875-5900

- Family Counseling Center 117 N Garth Ave (573) 449-2581
- MU Psychological Services Center 211 S 8th St (573) 882-4677
- Phoenix Programs 90 E Leslie Ln (573) 875-8880x2142
 - o Free Youth Mental Health Questionnaire and services
- FACE 105 E Ash St (573) 882-2428
 - o A wide variety of case management and family services for ages 0-19 and their families

Smoking Cessation

- 1-800-QUITNOW
- Health Department 1005 W Worley St (573) 874-7355
- Freedom from Smoking @ Phoenix Health 90 E Leslie Ln (573) 875-8880, Ext. 2123.
- MU Wellness Center (573) 884-9504

Substance Abuse

- Phoenix Programs 90 E Leslie Ln (573) 875-8880
- McCambridge Center 201 N Garth (573) 449-3953
 - o Female only
- Family Counseling Center 117 N. Garth (573) 449-2581
- Pathways 403 Dysart (573) 449-4770
- Pathways Community Behavioral Healthcare, Inc. (Parent Company)
(888) 403-1071 Centralized Scheduling

Housing Search

- Columbia Housing Authority 201 Switzler (573) 443-2556
 - o Public Housing/Sec. 8
- Habitat for Humanity 1906 Monroe Street (573)-499-1202
- Love. Inc. 1516 Business Loop 70 W Ste A (573) 256-7662
- Shelter+Care- must be homeless and receive case management services through DMH.

Rental Assistance

- Salvation Army 1108 W Ash St (573) 442-3229
- Voluntary Action Center 403 Vandiver Dr Ste A (573) 874-2273
 - o Must have photo ID, SS card, proof of address, and proof of income for EVERYONE in the household!

Job Training

- Job Point 400 Wilkes Blvd (573) 474-8560
 - o Job Readiness Training
 - o Reentry assistance
 - o YouthBuild
- Moore Group 1900 N. Providence Rd. Ste. 327 (573)499.1220
- ACT 2200 Burlington St (573) 474-9446
- Voc Rehab 1500 Vandiver Dr Ste 111 (573) 882-9110
 - o Employment and education assistance for those with disabilities
- Love Inc. 1516 Business Loop 70 W Ste A (573) 256-7662
 - o Job coaching and help with job search, mock interviews, etc.
- Services for Independent Living 1401 Hathman Pl (573) 874-1646

Money Management

- Love Inc. 1516 Business Loop 70 W Ste A (573) 256-7662
- Columbia Housing Authority 201 Switzler (573) 443-2556
 - o Money Smart
- United Way 1700 E Pointe Dr Ste 201 (573) 443-4523
- Family Impact Center 105 E Ash St (573) 882-2428
- Services for Independent Living 1401 Hathman Pl (573) 874-1646

Re-Entry

- In2Action (573)-424-4388
 - o Transitional housing, work therapy, life skills, some financial assistance
- Love Inc. 1516 Business Loop 70 W Ste A (573) 256-7662

Education

- Love Inc. 1516 Business Loop 70 W Ste A (573) 256-7662
 - o Adult tutoring
- Voc Rehab 1500 Vandiver Dr Ste 111 (573) 882-9110
 - o Employment and education assistance for those with disabilities
- MACC 601 Business Loop 70 West, Suite 216 (573).234.1067
- United Way 1700 E Pointe Dr Ste 201 (573) 443-4523
- Services for Independent Living 1401 Hathman Pl (573) 874-1646
 - o Cooking, Drivers-Ed

WHO TO CONTACT

Mental Health Court Team			
Agency	Phone Number	Fax Number	Contact Person
Alternative Sentencing Center 607 East Ash Street	(573) 886-4157	(573)886-4247	Clayton VanNurden
Probation and Parole 1903 N Providence 573-441-5862	(573) 441-5881	(573)884-7076	Meckenzie Hayes
Burrell Behavioral Health 1805 E. Walnut	(573) 777-7500		Paulette Chavez
New Horizons Community Support Services 1408 Hathman Place	(573) 443-0405	573-875-2557	Katie Wooldridge
McCambridge Center 201 N Garth	(573) 449-3953	(573)874-3189	Becki Baird
Reality House Programs, Inc. 1900 East Prathersville Road	(573) 449-8117	(573)874-1225	Blair Kampmeyer
Reality House Clinical Services 1301 Vandiver Drive, Suite 105	(573) 864-0008	(573)449-8479	Courtney Pollard
Defense Attorney			Doug Shull
Prosecutors Office	(573)886-4100	(573)886-4148	Merilee Crockett
Drug Testing Hotline	(800) 494-1250		
Testing Center 607 East Ash Street Columbia, MO 65201	No phone in office downstairs	No fax in office downstairs	

My probation officer is _____

My treatment counselor is _____

My drug testing call-in code is _____

ALTERNATIVE SENTENCING COURT URINE TESTING CONTRACT

Recent advances in the science of alcohol/substance detection in urine have greatly increased the ability to detect even trace amounts of alcohol and substance consumption. In addition, these tests are capable of detecting alcohol/substance ingestion for significantly longer periods of time after a usage episode. Because these tests are sensitive, in rare circumstances, exposure to non-beverage alcohol sources can result in detectable levels of alcohol (or its breakdown products). In order to preserve the integrity of the Alternative Sentencing (ASC) testing program, it has become necessary for us to restrict and/or advise ASC participants regarding the use of certain products.

It is **YOUR** responsibility to limit your exposure to the products and substances detailed below that contain ethyl alcohol. It is **YOUR** responsibility to read product labels, to know what is contained in the products you use and consume and to stop and inspect these products **BEFORE** you use them. ***Use of the products detailed below in violation of this contract will NOT be allowed as an excuse for a positive test result. When in doubt, don't use, consume or apply.***

Dilute Urine Sample: A dilute will not be allowed and can be avoided. Dilutes will be considered positive and will be sanctioned appropriately. If you have questions, contact your Probation Officer or Treatment Provider.

Cough syrups and other liquid medications: ASC participants have always been prohibited from using alcohol-containing cough/cold syrups, such as "Nyquil". Other cough syrup brands and numerous other liquid medications rely upon ethyl alcohol as a solvent. Information on the composition of prescription medications should be available upon request from your pharmacist. Non-alcohol containing cough and cold remedies are readily available at most pharmacies and major retail stores. If you have any questions about a particular product, bring it in to discuss it with your Probation Officer.

Non-Alcoholic Beer and Wine: Although legally considered non-alcoholic, NA beers (e.g. O'Doul's®, Sharps®) do contain a residual amount of alcohol that may result in a positive test result for alcohol, if consumed. ASC participants are *not* permitted to ingest NA beer or NA wine, or any fermented beverage (fermented tea, etc).

Food and Other Ingestible Products: There are numerous other consumable products that contain ethyl alcohol that could result in a positive test. Flavoring extracts, such as vanilla or almond extract, and liquid herbal extracts (such as Ginko Biloba), could result in a positive screen for alcohol or its breakdown products. Communion wine, food cooked with wine, and flambé dishes (alcohol poured over a food and ignited such as Cherries Jubilee or Baked Alaska) are prohibited. Consumption of any food products that contain poppy seeds or creatine supplements is prohibited. Read labels carefully on any liquid herbal or homeopathic remedy and do not ingest without approval from your Probation Officer.

Synthetic Substances: Any substances which are mood/mind altering are prohibited in the program. Such products as K2 or "Spice" are prohibited and tested for. If you are unsure about the product, contact your Probation Officer.

Mouthwash and Breath Strips: Most mouthwashes (Listerine®, Cepacol®, etc.) and other breath cleansing products contain ethyl alcohol. The use of mouthwashes containing ethyl alcohol can produce a positive test result. ASC participants are required to read product labels and educate themselves as to whether a mouthwash product contains ethyl alcohol. Use of ethyl alcohol-containing mouthwashes and breath strips by ASC participants is not permitted. Non-alcohol mouthwashes are readily available and are an acceptable alternative. If you have questions about a particular product, bring it in to discuss with your Probation Officer.

Hand sanitizers: Hand sanitizers (e.g. Purell®, Germex®, etc.) and other antiseptic gels and foams used to disinfect hands contain up to 70% ethyl alcohol. Excessive, unnecessary or repeated use of these products could result in a positive urine test. Hand washing with soap and water are just as effective for killing germs.

Hygiene Products: Aftershave and colognes, hair sprays and mousse, astringents, insecticides (bug sprays such as Deet and OFF) and some body washes contain ethyl alcohol. While it is unlikely that limited use of these products would result in a positive test for alcohol (or its breakdown products) excessive, unnecessary or repeated use of these products could affect test results. Participants must use such products sparingly to avoid reaching detection levels. Just as the court requires ASC participants to regulate their fluid intake to avoid dilute urine samples, it is likewise incumbent upon each participant to limit their use of topically applied (on the skin) products containing ethyl alcohol.

Solvents and Lacquers: Many solvents, lacquers and surface preparation products used in industry, construction, and the home, contain ethyl alcohol. Both excessive inhalation of vapors, and topical exposure to such products, can potentially cause a positive test result for alcohol. As with the products noted above, ASC participants must educate themselves as to the ingredients in the products they are using. There are alternatives to nearly any item containing ethyl alcohol. Frequency of use and duration of exposure to such products should be kept to a minimum. A positive test result will not be excused by reference to use of an alcohol-based solvent. If you are in employment where contact with such products cannot be avoided, *you need to discuss this with your Probation Officer.* Do not wait for a positive test result to do so.

Remember! When in doubt, don't use, consume or apply.

I HAVE READ AND UNDERSTAND MY RESPONSIBILITIES:

PARTICIPANT

DATE

NOTICE OF PARTICIPATION IN TREATMENT COURT

This notice is to verify that _____ is currently participating in a Boone County Treatment Court.

Participant Name

As a participant, any use of physician prescribed or over the counter medication is not allowed without the knowledge and consent of the Boone County Treatment Court. All medications used by participants are monitored and supervised by treatment providers and/or probation officer.

We would request that you take this into account when prescribing or recommending medication. The undersigned participant and the Boone County Treatment Court greatly appreciate your consideration of these restrictions as you provide medical or dental treatment to this patient.

Please feel free to contact _____ at _____ to discuss any issues relating to this patient and their supervised treatment.

Drug Court Representative

Phone Number

Signature of Participant

Date

Signature of Treatment Court Representative

Date

We request that you sign below for our records to ensure our participants are fulfilling their responsibility to the Treatment Court and to their medical provider by disclosing this information. Thank you.

Signature of Attending Physician/Nurse Practitioner/Dentist

Date

Printed Name of Attending Physician/Nurse Practitioner/Dentist

**THIRTEENTH JUDICIAL CIRCUIT
DIVISION XII**

ASC _____

Travel/Event Request Form

This form must be completed and submitted to your probation officer 1 week prior to travel within the state and 2 weeks prior to travel out of state. Your request will then be forwarded to the Commissioner for approval.

Client Name: _____ Date of Request: _____
Client Phone: _____ Probation Officer: _____

Dates of Travel and/or Event:

Leaving date: _____ Time: _____ Returning date: _____ Time: _____

Travel/Event Location: _____

Purpose of Travel/Event Attending: _____

Contact Information at destination:

Name: _____ Phone: _____

Address: _____ Alt Phone: _____

Method of Travel:

If Driving: Make: _____ Model: _____ License Plate #: _____

If you do not have a valid Driver's License, who will be driving: _____

Client Signature: _____

Request Determination:

Probation Officer Signature: _____ ☐ Approved ☐ Denied

Conditions:

☐ None ☐ Attend Meetings: _____ ☐ Documentation Required: _____

Signature of Approving Judge: _____ ☐ Approved ☐ Denied Date _____

You are required to submit travel UA's prior to departure and when you arrive back in Boone County. If you are approved for travel and you do not go, you still have to take travel UA's. You may be required to pay for travel UA's if requested by the Court.

Travel UA's completed: Departure: _____ Return: _____

AA Meetings

Where & When Alcoholics Anonymous

Area 38, District 12

Updated Dec 3, 2016

District meets the last Wednesday of the month
Rock Bridge Christian Church
301 W. Green Meadows Rd, Columbia
7:00P Committee Meetings, 7:30P Business Meeting

Mail correspondence to:
PO Box 1673, Columbia, MO 65205

AA Answering Service 573-442-4424
Website: www.d12aa.org

MEETING CODES

O = Open C = Closed D = Discussion
BB = Big Book SS = Step Study L = Literature
B = Beginners S = Speaker T = Traditions
M = Men W = Women
P = Partial accessibility
F = Fully accessible (bathroom)

SUNDAY COLUMBIA

9:00A How it Works Group O/D
MO United Methodist Church 9th & Elm Street
10:00A Columbia Group O
Open Spirituality, ODAAT Club, 2400 Business Loop 70 E
12:00P Columbia Group O F
ODAAT Club, 2400 Business Loop 70 E
12:00p Barbershop Group, O/D, 1206 Pannell
5:30p Columbia Group O F
ODAAT Club, 2400 Business Loop 70 E
5:30P Barbershop Group, O/D 1206 Pannell
7:00P Southside Center O/S
University Hospital Auditorium, 1 Hosp. Dr. F
7:00P Big Book Study Group C/BB
Fairview Road Church of Christ, (Office Entrance, Room W1)
2901 Fairview Road, Columbia
8:00P Columbia Group O/D
ODAAT Club, 2400 Business Loop 70 E F

MONDAY COLUMBIA

7:00A Sunrise Sober at Seven Group O/D
First Christian Church, 10th & Walnut
12:00P High Noon Group C
First Christian Church, 10th & Walnut
12:00P Columbia Group O
ODAAT Club, 2400 Business Loop 70 E F
12:00P Barbershop Group, O/D, 1206 Pannell
12:00P Roundtable Meeting O/D F
The Crossing Student Center, 3615 Southland Dr
*no meeting when public school's closed
5:30P Can't Wait Till Eight Group C P
Calvary Episcopal, 9th & Locust
Please do not park in church lot
5:30P Columbia Group O/SS, T F
ODAAT Club, 2400 Business Loop 70 E
5:30P Barbershop Group, O/D 1206 Pannell
6:00P New Beginnings O/S/W F
McCambridge Center, 201 N. Garth
7:00P Out of the Ashes O F
Phoenix Programs, 90 E. Leslie Lane
7:00-8:30 Latinos de Columbia
Wilkes Blvd. Methodist Church, 702 Wilkes
7:30P Tradition III Group C F
Rock Bridge Christian Church, 301 Green Meadows Ct.
8:00P Westside Group C/D F
Community United Methodist, 3301 W Broadway
8:00P Columbia Group O/D
ODAAT Club, 2400 Business Loop 70 E F

TUESDAY COLUMBIA

7:00A Sunrise Sober at Seven Group O/D
First Christian Church, 10th & Walnut
12:00P High Noon Group C
First Christian Church, 10th & Walnut
12:00P Columbia Group O
ODAAT Club, 2400 Business Loop 70 E F
12:00P Barbershop Group, O/D, 1206 Pannell
5:30P Columbia Group O
ODAAT Club, 2400 Business Loop 70 E F
5:30P Barbershop Group O/BB, 1206 Pannell
6:30P Sisters of Sobriety SS/ C/W
Community United Methodist, 3301 W Broadway
7:00P Fraternal Group C
Men's Mtg MO United Methodist Church, 9th & Elm F
7:00P As Bill Sees It Group C, F
Unity Center, 1600 W. Broadway
7:30P Awareness Group C
Wilkes Blvd. Methodist Church, 702 Wilkes
8:00P Columbia Group O F
Young peoples' meeting (all ages still welcome),
ODAAT Club, 2400 Business Loop 70 E F

WEDNESDAY COLUMBIA

7:00A Sunrise Sober at Seven Group O/D
First Christian Church, 10th & Walnut
12:00P High Noon Group C
First Christian Church, 10th & Walnut
12:00P Columbia Group O
ODAAT Club, 2400 Business Loop 70 E F
12:00p Barbershop Group, O/D, 1206 Pannell
5:30P Can't Wait Till Eight Group C P
Calvary Episcopal, 9th & Locust
Please do not park in church lot
5:30P Barbershop Group O/D 1206 Pannell F
5:30P Columbia Group O/D, F
ODAAT, 2400 E 170 Business
6:00P Health Professionals Group C (3rd Wednesday
of month only) First Christian Church, 10th & Walnut
7:00P As Bill Sees It Group O/D F
Unity Center, 1600 W. Broadway
7:00P Barbershop Group O, F
1206 Pannell; "Joe and Charlie" Big Book Study
7:30P Serenity Group C
Broadway Christian Church, 2601 W. Broadway
8:00P Columbia Group O/D
ODAAT Club, 2400 Business Loop 70 E F

THURSDAY COLUMBIA

7:00A Sunrise Sober at Seven Group O/D
First Christian Church, 10th & Walnut
12:00P Downtown Group O/D
MO United Methodist Church, 9th & Elm Street F
12:00P Columbia Group O
ODAAT Club, 2400 Business Loop 70 E F
12:00p Barbershop Group, O/D, 1206 Pannell
5:30P Columbia Group O
ODAAT Club, 2400 Business Loop 70 E F
5:30P Barbershop Group, O/D 1206 Pannell
6:30P Sisters of Sobriety C/D/W
Community United Methodist, 3301 W Broadway
7:00P No One Left Behind O/D F
Truman VA Hospital, 800 Hospital Dr.
Second Floor Auditorium
7:30P Young People's Group O/S/D
MO United Methodist Church, 9th & Elm F
(Elm St. entrance)
8:00P Westside Group C
Community United Methodist, 3301 W Broadway
8:00P Choices Group C
Gay / Lesbian Friendly, Calvary Episcopal, 9th & Locust
8:00P Columbia Group O/BB
ODAAT Club, 2400 Business Loop 70 E F

FRIDAY COLUMBIA

7:00A Sunrise Sober at Seven Group O/D
First Christian Church, 10th & Walnut
12:00P Downtown Group O/D
MO United Methodist Church, 9th & Elm St F
12:00P Columbia Group O
ODAAT Club, 2400 Business Loop 70 E F
12:00p Barbershop Group, O/D, 1206 Pannell
5:30P Can't Wait Till Eight Group C
Calvary Episcopal, 9th & Locust P
Please do not park in church lot
5:30P Columbia Group O/D
ODAAT Club, 2400 Business Loop 70 E F
5:30P Barbershop Group, O/D 1206 Pannell
7:00P Out of the Ashes O F
Phoenix Programs, 80 E. Leslie Lane
7:00-8:30 Latinos de Columbia
Wilkes Blvd. Methodist Church, 702 Wilkes
7:00P Young People's Group (All ages welcome)
MO United Methodist Church, 9th & Elm F
(Elm St. entrance).
8:00P Columbia Group O/BB F
ODAAT Club, 2400 Business Loop 70 E

SATURDAY COLUMBIA

8:00A Sunrise Big Book Study O/BB
First Christian Church, 10th & Walnut
10:00A Growth Group C
United Methodist Church, 9th & Elm St F
Last Saturday of month is Open Birthday Mtg
11:00A Gratitude Group C
Compass E Free Church,
800 Silvey St. (Silvey just north of W. Worley) F
Last Saturday of month is Open Birthday Speaker Meeting
Child Care Available
12:00P Columbia Group O
ODAAT Club, 2400 Business Loop 70 E F
12:00p Barbershop Group, O/D, 1206 Pannell
5:30P Barbershop Group, O/D 1206 Pannell
5:30P Columbia Group
ODAAT Club, 2400 Business Loop 70 E F
7:00P Happy Hour Group O/D
MO United Methodist Church, 9th & Elm F
8:00P Columbia Group O Meditation Meeting
ODAAT Club, 2400 Business Loop 70 E F

DISTRICT 12 AA MEETINGS OUTSIDE OF COLUMBIA

ASHLAND - Ashland Midtown Group

Tuesday 7:00P Open Mtg
Ashland Christian Church, Rte. M & DD F

ARMSTRONG - Armstrong Burton Brush Group

Tuesday 8:00P, C Baptist Church, Rt 3 Armstrong Open
Birthday meeting last Tuesday of the month

CENTRALIA - Centralia Second Chance Group

Wednesday 8:00P O
Saturday 8:00P O
Sunday 8:00P L/C
1023 Highway 22 East F

Where & When corrections, changes or questions:
email wandw@d12aa.org or call 505-814-8835

DISTRICT 12 AA MEETINGS OUTSIDE OF COLUMBIA cont

FULTON

Fulton Group, First Presbyterian Church, rear entrance,
corner of St. Louis Ave. and Center St.
Monday O/D 8:00P
Tuesday C/D 8:00P
Thursday O/D 8:00P, Birthdays last Thursday of month
Friday 7:30P Open Big Book / Literature
Saturday O/D 7:30P

Noonshiners Meeting

Krueger Building, 208 Jefferson P
Tuesday 12:00P C/D

Breakaway Group

300 Pioneer Dr., F
Sunday 7P C/D
Tuesday 7:00P O/D
Wednesday 7:00A
Wednesday 12:00 noon.
Wednesday 7:00P O/D

HOLTS SUMMIT

AA on the Double A F
Wednesday 7:00P, Shiloh Methodist Church Hwy AA

MEXICO

Mexico Group
Presbyterian Church, Clark and Lakeview P
Sunday 7:00P O
Tuesday 7:00P O
Thursday 7:00P O

MOBERLY

Moberly Group
Allendale Community Center, 23 Kehoe Ave F
Sunday 7:00P O/D Monday
8:00P C/D Wednesday
8:00P C/BB
Friday 8:00P C Step Mtg. Last Friday of month Open
Birthday

Meetings at First Christian Church (Coates and Morley)

Thursday 7:00 PM O/D
Saturday 7:00 PM O/D

MOKANE

Mokane Group
Tuesday 8:00P
Lion's Club, 301 River St

MONTGOMERY COUNTY GROUP

Montgomery City Sober Sunday Group
Sunday 9:00A O/D
Sunday 10:00A O/BB
Library on Allen Street (Entrance at back of building)

Tuesday Nite Live, Tuesday 8:00 PM, O/D

Knights of Columbus Building, 316 N. Sturgeon (one
block north of 4-way)

New Life, Friday, 7pm O/D

Middletown Baptist Church
Hwy 161 Middletown, MO

PARIS - Paris Group

Wednesday 7:00P OD, New NECAC Building, P

NA Meetings

Monday

COLUMBIA – 10 a.m. – ADDICTS IN THE DAYTIME

United Methodist Church, 9th & Locust

(Enter through Elm Street door under awning) [O/#/V/W]

COLUMBIA – 6 p.m. – LIVE OR DIE GROUP Broadway Christian Church 2601 W. Broadway – Downstairs in Basement, North side of Building [O/#/N/Cl]

COLUMBIA – 7:30 p.m. – FREEDOM GROUP First Christian Church, 10th & Walnut (Basement door off Walnut) [O/#/N]

Tuesday

COLUMBIA – 6 p.m. – LIVE OR DIE GROUP Broadway Christian Church 2601 W. Broadway Downstairs in Basement, North side of Building [O/Cl/N/#]

ASHLAND – 7 p.m. – ONE DAY AT A TIME -Ashland Christian Church
14775 S Rte DD [C/L/#/W]

COLUMBIA – 7 p.m. – SISTER TO SISTER GROUP
First Christian Church 10th & Walnut St. [O/N]

COLUMBIA – 7 p.m. – WHERE THERE'S A WILL, THERE'S A WAY GROUP
Veteran's Hospital, 800 Hospital Dr. (2nd Floor Auditorium) [O/L/V/#/W]

COLUMBIA – 10:15 p.m. – QUARTER 'TIL NA GROUP United Methodist Church, 9th St. & Locust (South entrance of activity building) [O/V/#/W]

Wednesday

COLUMBIA – 6:30 p.m. – HUMP DAY NA GROUP
St. Andrews Lutheran Church, 914 West Blvd. Room 107.
[C/B/S/T/#/W]

COLUMBIA – 8:30 p.m. – SPIRITUAL CONNECTIONS GROUP
United Methodist Church, 9th & Elm (South entrance of activity building) [C/W/#]

Thursday

COLUMBIA – 5:45 p.m. – QUARTER 'TIL NA GROUP United Methodist Church, 9th St. & Locust (South entrance of activity building) [C/L/#/W]

COLUMBIA – 7 p.m. – JUST FOR TODAY GROUP
First Christian Church, 10th & Walnut St [O/N/#]

Friday

COLUMBIA – 6 p.m. – SHOW ME YOUR RECOVERY GROUP – The Armory, 701 Ash St (Basement door in back of building) [O/#/W]

COLUMBIA – 9:30 p.m. – LIGHT AT THE END OF THE TUNNEL GROUP Rockbridge Christian Church, 301 Green Meadows Rd (Enter from parking lot off Green Meadows Circle) [Cl/#/W/C]

Saturday

COLUMBIA – 10 a.m. – SATURDAY SERENITY

Wilkes Methodist Church, 702 Wilkes Blvd [O/V/#N]

COLUMBIA – 7 p.m. – SATURDAY NIGHT SOLUTIONS GROUP

Fifth Street Church, 401 Fifth St. [O/V/#/W]

COLUMBIA – 9 p.m. – LIGHT AT THE END OF THE TUNNEL GROUP

Rockbridge Christian Church, 301 Green Meadows Rd (Enter from parking lot off Green Meadows Circle) [C/Cl/#/W]

Sunday

COLUMBIA – 6 p.m. – WE DO RECOVER

Unity Center of Columbia, 1600 W. Broadway (Use main door by waterfall, head left down hall and into Friendship Hall on your right) [C/L/W/#]

COLUMBIA – 7:30 p.m. – WE WANNA LIVE GROUP

Broadway Christian Church, 2601 W. Broadway (Basement entrance on north side of building) [O/N/#/V]

Key:

C = Closed meetings are only for addicts or for people who think they may have a drug problem.

O = Open meetings are open to the general public.

O* = Open last week of the month

= Non-Smoking

+ = Smoking

B – Basic Text Study

L = Literature Study

S – Step Study

T = Tradition Study

Cl – Candlelight

V = Format Varies

D – Discussion

W – Wheelchair Access

N – Non-Wheelchair Access

11 – 11th Step Meditation

H = Childcare Available

OVER-THE COUNTER PRE-APPROVED MEDICATIONS

ANALGESICS – PAIN & FEVER RELIEF

Advil
Aleve
Alka Seltzer – Original
Effervescent Antacid Pain Reliever
Alka Seltzer – Extra Strength
Effervescent Antacid Pain Reliever
Aspercreme
Bayer Aspirin
Ecotrin
Motrin
Nuprin
Orudis KT
Tylenol

SKIN CARE

Benadryl Itch Stopping Cream
Clearasil
Cortaid
Cortizone
Dr. Scholls
Ivy Block
Lotumin AF
Oxy 10
Preparation H Anti Itch Cream

ALLERGY & SINUS PAIN RELIEF

Nasalcrom
Loratadine (Claritan)
Dayhist Allergy
Zyrtec (Not “D”)

EYE, EAR & MOUTH CARE

Naphcon A
Ocuhist
Opcon A
Vas O Con A

FEMININE PRODUCTS

Femstat 3
Gyne Lotrimin 3
Monistat 7 Crème or Suppositories
Vagisil Anti Itch Crème
Vagistat 1

SMOKING CESSATION

Nicorette
Nicotrol
Nicoderm

COUGH, COLD & FLU MEDICINES

Pertussin DM Extra Strength
Cough Relief
Robitussin
Robitussin DM
Luden’s Cough Drops
Hall’s Fruit Breezers
Advil Allergy+Congestion

STOMACH MEDICINES

Alka Seltzer – Original
Effervescent Antacid Pain Reliever
Alka Seltzer – Extra Strength
Effervescent Antacid Pain Reliever
Axid AR
Basaljel
Beano
Cont...

Dul Colax
Exlax Chocolate
Exlax Regular Strength
Fibercon
Gaviscon Extra Strength Liquid
Kaopectate
Maalox Antacid/Antigas Tablets
Mylanta Liquid
Mylanta Double Strength
Mylanta Maximum Strength Liquid
Mylanta AR
Pepcid AC
Rolaids
Pepto-Bismol
Phillips Gelcaps
Phillips Milk of Magnesia
Tagament HB
Tums
Tylenol Headache Plus Extra Strength
Zantac Z5

VOMITING & MOTION SICKNESS

Bonine
Cola
Ipecac
Actidose with Sorbital
Charcoaid
Charcoaid 2000
Charcoaid Plus DS
Charco Caps
Liqui Char
Actidose – Aqua

SLEEP AIDS AND STIMULANTS

None